**Questions & Answers**

Q & A

**What is vaginal atrophy?**

It is the medical term for **dry mucous membranes in the vagina. It can cause a number of problems, such as itching, pains, discomfort during intercourse as well as pain and urgency when urinating.**

**How does vaginal atrophy occur?**

It occurs when the body has a reduced estrogen production. This can affect women during menopause, but also at a younger age during breastfeeding or as a result of an illness.

**How common is it to have pains?**

It is common! Around 40–60 % of women will have these pains during or after menopause.

**How does vaginal atrophy differ from other genital disorders?**

The symptoms of dry mucous membranes can be confused with other genital pains, such as genital fungus or bacterial vaginosis. However, in the case of vaginal atrophy, there are no discomforts in the form of vaginal discharge.

**Is VagiVital hormone free?**

Absolutely! The active gel is completely hormone free!

**How does VagiVital differ from other similar products?**

VagiVital is completely hormone free. The gel also has a smart applicator with a *standardised dose for every usage*. The gel is lipid free and the applicator is easy to clean in hot water. And more than anything, VagiVital is a completely Swedish product, with a short table of contents and clinically proven effects.

**How long is a treatment?**

You will use an easy standardised dosage in an applicator daily in 30 days. After that, you can use it whenever you feel the need. It is easy and non-sticky – as it should be!

**Will the symptoms disappear completely after the treatment?**

Our clinical results from the multicentre study showed significant improvements within all trouble areas. A large number of women in the study became completely free from pains.

**I am trying to get pregnant. Can I use VagiVital?**

VagiVital does not contain any spermicides, but as the effect of sperm mobility is not known, you should not use the gel if you are trying to get pregnant as a general safety precaution.

**Can I use VagiVital immediately after childbirth?**  
No, VagiVital should not be used directly after childbirth.

**Does VagiVital work for younger women too?**

Yes! The gel can be used by all women. Problems with discomfort in intimate areas and dry vagina walls can occur during all stages in life, for example after breastfeeding, illness or during menopause.

**What should I do if VagiVital does not have any effect?**

You can repeat the treatment if needed. Make sure to always consult a physician for advice on how to proceed.

**Is VagiVital prescription free?**

Yes! You can order VagiVital here!